



Annual Report 2023-24

Education for Empowerment



Helpline and Survivor Support



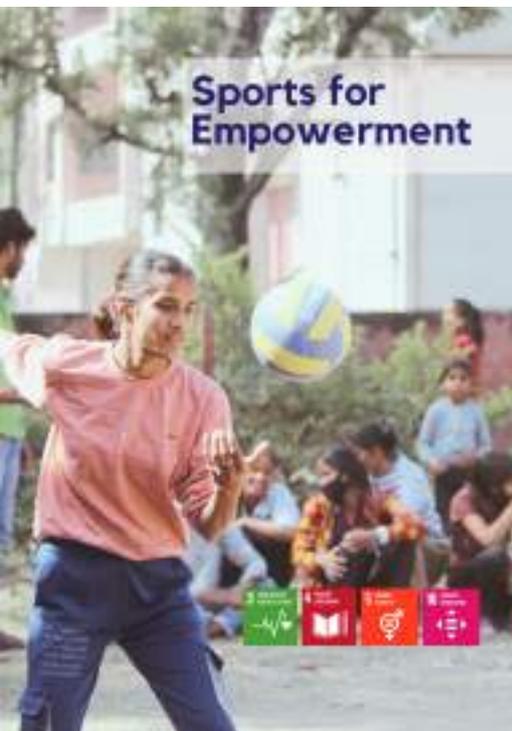
Leadership for Empowerment



Livelihood for Empowerment



Sports for Empowerment



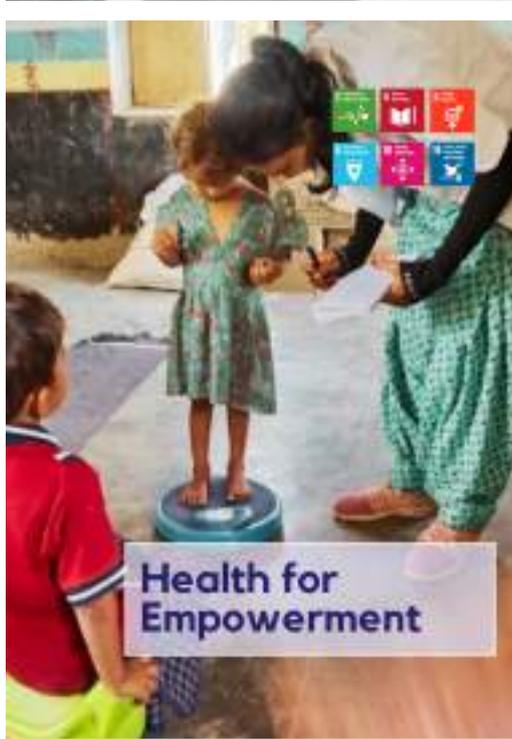
Working With Boys and Young Men



Working With Young Married Couples



Health for Empowerment



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LETTER FROM EXECUTIVE DIRECTOR

Dear Friends and Supporters,

As we continue our steadfast journey of challenging deep-rooted patriarchy and addressing gender-based inequalities, I want to take a moment to acknowledge that none of our achievements this year would have been possible without the unwavering dedication of our team. Your relentless support is the foundation of the impactful work we do.

This year, we made significant strides in advancing our mission to ensure that girls have access to better opportunities for themselves. I am incredibly proud of our scholarship recipients, many of whom are the first in their families—and in some cases, even their villages—to pursue college education. Their determination is inspiring other girls around them to dream of a brighter future. We have also seen encouraging signs of change among parents and their families, who are gradually becoming more supportive of their daughters' educational journeys. As we reflect on the challenges and successes of the past year, we remain inspired by the resilience and determination of the individuals we serve. Our youth leaders have been vocal in their families and communities, championing the cause of equal opportunities for all.

Additionally, Vikalp has been actively working with young married women this year, focusing on improving their health, enhancing their decision-making abilities, improving their mobility, accessing financial independence and supporting young married couples in building healthier, safer lives. We are also heartened by the growing recognition among boys and young men, who are standing in solidarity with the girls and women in their homes and communities.

We are dedicated to ensuring that every girl and woman has the resources and support they need to thrive. With your continued partnership, I am confident that we can create a fairer, more equitable world for all.

Sincerely,

Usha Choudhary

Executive Director, Vikalp

Vikalp Sansthan



Founded in 2004, Vikalp is a grassroots-level organization based in Udaipur, Rajasthan committed to creating a society free of gender-based violence and discrimination. Vikalp aims to create an egalitarian society based on equity, peace and justice. The organization has been working extensively to enable "alternatives" (Vikalp means alternatives) to the existing gender-biased social structures that are marked by discrimination, violence, and unequal access to opportunities. Vikalp has been tackling the root cause of gender inequalities and deeply embedded cultural practices by empowering girls and women, sensitizing boys and men, preventing child marriages, addressing violence against women, and supporting survivors and young married girls. The field areas of Vikalp mainly includes in Udaipur District- Mavli block, Gogunda block, Sayra; in Rajsamand district- Kumbhalgarh and Jodhpur District- Luni Block.

Our Vision

We aim to create a violence-free society and to achieve behavioral and social transformation for girls and boys based on equity, peace and justice, where all can enjoy

- Physical and mental freedom
- Freedom from gender-based violence
- Equal access to resources and opportunities
- Freedom from all sorts of discrimination

Our Mission

To empower youth to end gender-based violence and discrimination through alternative and creative ways to voice their opinions, integrating them in the process of social development and creating a future which is just and equal for all.

Overview of Vikalp

Our Reach

Adolescent
Girls
4,625

Adolescent
Boys
1,846

YMGW
6,288

Young Men
3,386

Program Regions

**Mavli, Gogunda, Sayra
Blocks in Udaipur District**

**Kumbhalgarh in
Rajsamand District**

**Luni Block in Jodhpur
District**

Intervention Issues

Gender Equity and Justice | Education | Sports | Youth Leadership | Violence Against Women and Girls | Child Marriage | Sexual and Reproductive Health Rights | Health and Wellbeing of Women and Girls |

Impact Stats

- Village level Collectives: **299**
- Members: **4233+**
- Re-enrolled in education: **325**
- Participating in sports: **2770+**
- SRH Participation: **7459+**

SDG Mapping



Education for Empowerment



4 QUALITY EDUCATION



5 GENDER EQUALITY



10 REDUCED INEQUALITIES



THE NEED & OUR APPROACH

In recent years, Rajasthan has made notable strides in achieving high enrollment rates in primary education, as evidenced by the ASER 2023 reports. Despite these advances, substantial challenges remain in retaining girls in school beyond the primary level. These challenges are multifaceted and deeply rooted in the socio-cultural fabric of the region.

Girls in Rajasthan often bear a disproportionate share of household responsibilities. They are tasked with managing household chores, working in the fields, rearing cattle, and participating in various other forms of domestic labour. This gendered division of labour within households not only reinforces traditional gender roles but also significantly hampers the educational prospects of girls. The burden of these duties often leads to girls dropping out of school, as they are unable to balance both education and their responsibilities at home.

Furthermore, societal perceptions of girls as burdens on their families contribute to the prevalence of child, early, and forced marriages (CEFM). These practices severely limit girls' educational opportunities, as they are often married off before they can complete their education. This early withdrawal from school curtails their ability to socialize, develop their identities, and access opportunities for self-sufficiency.

Vikalp promotes educational equity and empowerment of girls and young women in Rajasthan through various initiatives. The objective of these interventions is to ensure that girls and young women successfully complete 12 years of education, equipping them with the skills and knowledge to become leaders and raise their voices against discrimination.

325 students successfully re-enrolled in State Open Schools
continuing their educational journey.

43 girls enrolled in college
breaking barriers and advancing toward higher education.

Tanu Charan, a 16-year-old from Vasni Kala village, faced significant challenges in her pursuit of education, including early marriage and limited family resources. Her father, a driver with a 7th-grade education, and her mother, a tailor with a 3rd-grade education, struggled to provide educational opportunities for their three children. Despite these obstacles, she remained dedicated to her studies, participating in Vikalp's activities for personal growth.

Even with the difficulties she faced, Tanu managed to complete 9th grade. However, she faced setbacks and had to drop out due to the challenges posed by early marriage. Undeterred, she filled out the form for the 10th Open Exam in 2022, only to discontinue her studies once again. In 2023, with the support of Vikalp, Tanu made a remarkable decision. She filled out the form for the 10th Open school through Vikalp, demonstrating her determination to overcome obstacles. After successfully passing the exam, Tanu is now planning to re-enroll in regular classes, showcasing her resilience and commitment to education.

Facilitating Re-enrollment in Mainstream Education: We actively engage with communities by holding regular village meetings to identify children who have dropped out of school or are at risk of doing so. Through targeted counseling sessions, we work directly with these children, encouraging them to return to regular schooling. Additionally, we meet with parents to emphasize the importance of supporting their children's education. By advising boys, girls, and young married women and girls (YMWGs) on the value of education, explaining admission procedures, and assisting with re-enrollment.



After School Learning Centers: This year, our scholarship students successfully established eight after school learning centers across their villages, benefiting over 200 children. These centers offer a safe space where children receive support in subjects like mathematics and English, while also addressing their concerns through collaborative problem-solving. The scholars have introduced innovative, playful learning methods, leading to significant improvements in children's reading skills in both Hindi and English.

"I once thought my education was over after completing my 12th grade. My family was against me studying further but with the help of Vikalp, I constantly had to negotiate with them. Now I can say that they support me. I am now in my second year of college, took the CET exam and I am helping other girls in my community to access government schemes to have their chances of reaching their dreams."

Kesar



Career and Educational Counseling:

We actively counsel adolescent girls and boys to stay focused on their education and motivate them to pursue their desired careers. We provide guidance on the career options, role of education in achieving their dreams and help them achieve their goals.

Our outreach has impacted over 29 schools and 1 hostel, reaching approximately 949 girls, 672 boys, and engaging with 49 teachers and principals. Additionally, we conducted 1,096 village-level meetings with a total of 5,815 participants.

Reintroducing education through State Open Schooling:

We actively identify and re-engage school dropouts in villages by counseling them and sensitizing their parents and partners to the value of education. Through block-level and residential meetings, we help them re-enroll in RSOS, prepare for exams, and stay motivated. Our efforts focus on equipping these adolescents, especially girls, with practical tools and skills for their educational journey.

This year with Pankh Centres starting in Mavli and Gogunda, we took proactive steps with the trainees, helping them recognize the importance of education and explore opportunities to resume their academic journeys. As a result, 28 trainees re-enrolled in their education through the RSOS, with many returning to their studies after significant gaps.



Learning Centers: We operate 2 RSOS centers in Mavli and Gogunda, providing students with a dedicated space to study and prepare for exams. Supported by a Vikalp-appointed teacher, these centers offer academic guidance and help address students' doubts. Beyond academics, we conduct sessions on key topics like violence against women, safe spaces, aspirations, and career planning. To further support their education, we also distribute subject-specific books to ensure students have the necessary resources for their studies.

Niharika, an 8th-grade student from Mavli, who has been associated with Vikalp for many years, began wondering why her mother had to drop out of school and didn't continue her studies. Inspired by this realization, Niharika encouraged her mother to resume her studies. She reached out to the Vikalp team for assistance and helped her mother enroll in RSOS. Now, with Niharika's support, her mother attends the Learning Center regularly and is preparing for her exams.



Scholarship Programme

Vikalp's Scholarship Program empowers young women from marginalized communities by supporting their graduation and vocational training. The program provides the necessary resources for girls who lack financial and household support to pursue higher education. Through monthly residential workshops focused on English, personal development, and technology, as well as regular English classes thrice a week, scholars gain vital skills and leadership abilities.

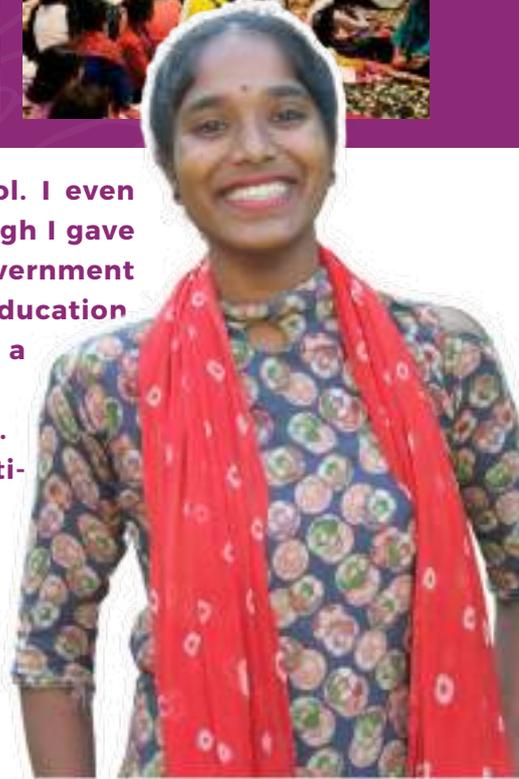
The scholars also have hands-on sessions on using various technologies from G suit to Zoom, and feature sessions focusing on leadership building, teamwork, communication and negotiation, and knowledge building. These activities help them achieve their academic and career goals while preparing them to be changemakers in their communities.



"As a child, I didn't know till what age I could go to school. I even doubted if I could complete my 12th standard. And even though I gave my 12th, my results were not good enough to get into a government college. At that moment I felt hopeless about continuing my education but my mother encouraged me continuously. When I enrolled in a private college, we didn't have enough money at home. My mother had to mortgage her silver jewellery to pay my fees. Given these difficulties, I thought I would never be able to continue my education. However, now with the scholarship, I am

confident that I can continue my studies and achieve my dream. Vikalp is bringing me closer to my dreams, which I never thought would be possible."

Radha



"I got married at a young age. I never thought I would be able to continue my education beyond the 12th standard due to a lack of support from my family and in-laws. I worked tirelessly to convince my parents, but they were hesitant to allow me to pursue a bachelor's degree. Despite this, I was eventually able to negotiate and persuade both my parents and in-laws to support my education and give me more freedom. With Vikalp, I learned to dream big, and I continue to advocate for myself to achieve the future I envision."

Saloni



Sports for Empowerment



They exist to live
for your good health
if they take you into
wildlife protection
you like we must
Sustainable Product

THE NEED & OUR APPROACH

Engaging in sports is vital for developing one's ability to pursue passions, achieve goals, and assert oneself, thereby boosting self-confidence and self-esteem. However, in Rajasthan, girls often lack the opportunity to participate in sports due to several barriers. Schools frequently do not have a compulsory sports period, and physical education instructors are often overburdened with teaching multiple subjects. Moreover, societal attitudes and family expectations tend to prioritise household duties over sports, viewing girls' participation in games as a meaningless endeavour. These factors contribute to a significant lack of interest and participation in sports among girls, depriving them of the numerous benefits sports can offer.

Engaging in sports provides girls with numerous benefits that are essential for their overall development. Through sports, girls acquire new skills, set and achieve goals, and overcome challenges, all of which boost their self-confidence and self-esteem. Participation in sports also fosters leadership skills, understanding of teamwork dynamics, and the ability to become effective collaborators, communicators, and problem solvers. Regular physical activity enhances physical fitness, mental well-being, and overall health. They become comfortable with their bodies and are able to. Additionally, sports offer valuable opportunities for social interaction, allowing girls to form friendships and social bonds outside the classroom. The enjoyment and sense of freedom that come with participating in sports contribute to a balanced and fulfilling life.

We actively engage with adolescent girls in the Gogunda and Mavli blocks, encouraging and coaching them to participate in sports at the school and village level. We help them overcome the challenges they face in pursuing sports, providing motivation and support throughout their journey.

Over 2,770 adolescent girls are now actively playing sports
building skills and confidence through regular participation

32 schools, 3 hostels, and 25 villages
are supporting girls in their sports journey

80% of girls demonstrate improvements in leadership, confidence, and goal-setting
after participating in our sports program

Discovering the Joy of Sports and mobility Sapna Kuvar from Dadiya, Gogunda in class 7 shares her Journey with Vikalp Sansthan as- *"I learned about sports through Vikalp Sansthan. Initially, I had no idea how to play any sports. It was only after joining Vikalp that I became actively involved in sports. Moreover, this is the first time I've had the opportunity to leave my home. The coaches at Vikalp even visited my house and explained to my parents the significance of playing sports. I truly enjoyed coaching and participating for the Grameen Olympics. In the game of kho-kho, I managed to reach the block level, which has been an incredible experience for me"*

"And what has Kho-Kho done for me? Well a lot of things. Playing Kho-Kho helps me to forget things that are sad and all the problems at home. I have made so many friends by playing everyday. My classmates now hear what I am saying unlike before. I am more confident."
- Durga, Class 9

Coaching Girls in Sports: The coaches conducted biweekly coaching sessions during and after school hours, boosting the girls' confidence and learning in sport. The coaches also conducted meetings in 63 school and 41 villages to educate the girls about the importance of education, participation in sports, and the dangers of child marriage, developing the leadership potential of these girls. Coaches were actively involved in 32 schools, 3 girls' hostels, and 25 villages, engaging 2,770 girls in Kho-Kho, Kabaddi, and Volleyball.



Block Level Sports Festivals: We organized sports festivals in Mavli and Gogunda for a total of 450+ girls, many participating in a sports competition for the first time. Competitions were held in Kho-Kho, Volleyball, Kabaddi, and running. The event showcased the girls' enthusiasm, encouraging parental support and boosting the girls' confidence to actively participate in sports at school and in their villages.

A notable success was the participation of women in the Urban Olympics organised by the Rajasthan Government. Through the Vikalp helpline, 35 women participated and 9 women advanced to the district-level match after winning at the cluster level. These women, primarily school dropouts from diverse backgrounds, displayed commendable enthusiasm for sports despite facing hardships. Vikalp hired a coach, and the women practised kabaddi at Gandhi Ground, Udaipur, for two months. They plan to participate in the next Urban Olympics and are eager to register again.



Grameen Olympics: During the Grameen Olympics, we coached 1,630 girls, with 1,400 participating in the games. Notably, 75% of these girls competed in sports for the first time, marking a significant milestone. Among the participants, 28 earned gold medals at district level in kho-kho, tug of war, volleyball, and kabaddi. These achievements highlight their dedication and progress in athletics.

Workshops and Meetings with Principals and PTIs of Gogunda Block: Workshops and meetings were conducted with school level stakeholders, engaging 51 teachers from Gogunda block, and 73 teachers in Mavli block. The workshops aimed to create a supportive environment for girls in sports by emphasising the importance of mandatory sports programs and using sports as an educational tool. Principals agreed to allocate dedicated time for sports and encourage participation, while PTIs, who had been previously overburdened, supported the idea of a compulsory sports period and committed to actively engaging girls in sports.



Sensitising Parents and Community Stakeholders: The team constantly met with parents and partners to address concerns and hesitations about girls' participation in sports. These efforts have led to an increase of support for the girls, increased involvement of girls in school sports and empowered them to advocate for their rights, promoting greater participation in sports and leadership roles.



Before joining Vikalp, my life was confined to household chores and limited freedom, with no voice in family decisions. But when I became part of Vikalp, attended meetings, and started playing sports, everything began to change.

Slowly, I found the confidence to speak in front of my parents, and they began listening to me. I started making decisions for myself. At first, I was scared of playing sports and worried about what others would think of me on the field. But with Vikalp's support and my parents backing me, I stopped caring about others' opinions and began believing in myself.

Through the guidance of the coaches at Vikalp, I learned about important issues like child marriage and women's rights. Now, I dream of excelling in sports and becoming a police officer.

Khushboo

Leadership for Empowerment



THE NEED & OUR APPROACH

Women and girls are persistently excluded from decision-making processes in their homes and communities, a situation rooted in deeply ingrained cultural norms, gender biases, and unequal power dynamics that marginalise women and perpetuate a cycle of disempowerment. With the Leadership for Empowerment program, we aim to promote gender equality and social justice by amplifying the voices of women and girls, building their leadership potential, and empowering them to become changemakers within their communities.

We educate girls, boys, and young married girls and women (YMGWs) about their rights and the dynamics of stakeholder relationships, empowering them to advocate for change in their families and communities. We focus on cultivating leadership qualities in participants, providing them with the resources and guidance needed to grow into effective community leaders. Additionally, we facilitate discussions between changemakers, community members, and government stakeholders to ensure that the challenges faced by girls and YMGWs are heard and addressed, leading to sustainable improvements.

Impact of Youth Leadership

- 1. Vasni Kala Playground Initiative:** Three volunteer girls campaigned for a playground in their village during a Gram Sabha, emphasizing its importance for youth development. Their efforts were supported by MLA Pushkar Lal Dangi, who donated Rs 25,000, showcasing the impact of collective action.
- 2. Community Mobilization Leads for Staffing Reforms at Dhaneria School:** Facing severe staff shortages and academic challenges, higher secondary students at Dhaneria Senior Secondary School escalated their concerns to the local sarpanch. After a year of persistence and community mobilization, including a roadblock protest, local education officials were forced to address the staffing issues.
- 3. Collective Action at Changedi for NREGA:** Eight YMG in Changedi village raised concerns at the Gram Sabha about delays in receiving NREGA job cards. Their advocacy led to 20 women receiving job cards promptly and securing work under the scheme, demonstrating the effectiveness of their efforts.
- 4. Ravalia Kudh Teacher Confrontation:** In Ravalia Kudh, a group of girls reported harassment by a teacher who discouraged their education. With Vikalp's advice, they involved their parents, who confronted the teacher, leading to his apology and highlighting the power of collective action in ensuring a safe learning environment.
- 5. Sanitary Napkin and Sports Demands:** Girls from 10 panchayats submitted a memorandum during Gram Sabhas, demanding proper implementation of the Udaan Yojana for free sanitary napkins in schools and the establishment of sports periods and playgrounds. They also advocated for making their panchayats child marriage-free zones.
- 6. Bridging the Digital Divide:** The committed leader girls recognized that the lack of access to cell phones among women in remote areas was a significant issue. they made remarkable efforts to ensure these women were aware of the Rajasthan government's initiative to distribute free cell phones. Thanks to their dedication, 20 women from these distant regions have successfully received their phones, bridging a critical gap in connectivity and access to information.





“I want to inspire other girls and women in my village who had to give up their education because of their circumstances to never stop dreaming and keep pushing forward”
Sadhiya

Regular Meetings with Collectives: Meetings were held in collectives with 2651 girls, 935 boys and 647 YMGs to identify key issues in their communities, plan activities to address them, and report on developments from the past month. They also strategize for the upcoming months, volunteer for tasks, and provide mutual support. This process nurtures a sense of ownership and leadership among the collectives. Amongst this we have 200+ girls who are helping others and raising their voices.



Perspective Building with School Students: Vikalp engaged 555 girls, 342 boys from grades 6 to 8, to understand the challenges faced by students. Key issues identified included insufficient drinking water, lack of sports facilities, overcrowded classrooms, and inadequate restroom facilities. The Vikalp team encouraged students to draft applications (Gyapan) addressing these concerns. These applications, signed by all participants, were then presented by 7-8 students from each school at the upcoming Gram Sabha session.



Leadership building workshops- Vikalp conducted eleven leadership workshops for 428 girls, and 29 YMG to empower them with advocacy strategies and skills for personal growth. We also conducted leadership workshops with the Helpline Support Group girls, focusing on empowering them with the knowledge, skills, and confidence for them to be change makers and leaders within their communities. These workshops focused on key issues such as child marriage, gender-based violence, and discrimination. These workshops have empowered the girls by increasing their awareness and understanding, enabling them to take actionable steps in their communities.

Workshop on Menstrual Hygiene and Dialogue with CBEO: A survey led by school-going girls in 40 schools to assess the availability and quality of sanitary napkins. The survey revealed issues like irregular distribution, with pads provided only once every three months and some schools lacking pads for a year. In response, Vikalp organized an advocacy workshop for 35 girls from 10 villages, focusing on Sexual and Reproductive Health and Rights (SRHR) and the Udaan Yojana. The girls prepared a memorandum based on the survey findings and met with the Chief Block Education Officer (CBEO) to discuss their concerns. Despite initial resistance from school authorities, the girls advocated for a fixed pad distribution schedule and proper facilities. The CBEO assured action, resulting in improved distribution in 12 schools. This experience significantly boosted the girls' confidence and determination to advocate for their rights.



Engaging adolescents in Democratic Dialogue at District Level: A divisional-level workshop was held in Udaipur, organized by Dasham NGO, to engage adolescents in democratic processes. 17 adolescents participated from Vikalp, along with other leader girls and boys from across Rajasthan. The workshop also aimed to create a children's manifesto to be shared with the new government. Adolescent leaders from Vikalp highlighted the issues of lack of sanitary napkins, inadequate sports facilities, water leakage in schools, mandatory menstrual hygiene sessions, teacher shortages, and village issues such as poor roads and water supply. The participants presented these concerns to local political representatives, urging them to take action.



Sports Leadership Workshop and Dialogue with District Stakeholders: Four sports leadership workshops were conducted for 179 girls from Mavli and Gogunda blocks, who are actively involved in sports in their villages. These workshops aimed to empower the girls to address challenges related to playing sports and accessing quality education and facilities in schools. The girls were provided with tools for effective dialogue and guided through stakeholder mapping.

As a result, 30 girls from Gogunda had dialogue with the CBEO for compulsory sports periods in their schools, who ordered regular sports activities in 32 schools. Additionally, 21 Leader Girls from 16 Panchayats approached district officials- CDEO, ADCEO, and CDSO to address sports-related issues, leading to commitments for the provision of sports equipment and further raising the issue at higher levels.





State-Level Dialogue on Girls' Key Issues: A transformative state-level workshop was organized, bringing together leader girls from 10 NGOs across Rajasthan. This event provided a platform for young leaders to share experiences, collaborate, and promote positive change. Girls from various districts identified five critical issues: sanitary napkin availability, hygienic school facilities, open school education, sports accessibility for girls, and access to libraries. They shared recommendations with Rajasthan Education Secretary Naveen Jain and State Commission for Protection of Child Rights Chairperson Sangeeta Beniwal. Girls from Vikalp recounted their interactions with education officers, addressing issues like sanitary pads and sanitation facilities. The collaborative effort led to a comprehensive recommendations charter presented to the officials. This workshop fostered collective action and leadership, allowing participants to address individual and statewide concerns and gain a broader perspective on challenges and solutions.



" I was afraid to bring up problems at my school, worried about being expelled or reprimanded. Although I tried discussing issues with other students, I held back out of fear. After attending Vikalp workshops, I gained the confidence to speak up and realized it was my right to raise concerns. The workshops taught me about gender equality, the purpose of reservations, and how to effectively address problems. With this newfound confidence, I brought up the lack of water in our school restrooms, and with the support of my peers, the issue was resolved. This experience empowered me and gave me valuable skills to help others." -Poonam

Khushi, a 13-year-old from Vani village, Gogunda became interested in joining Vikalp after hearing her friends' inspiring stories about the knowledge and personal growth they gained through the organization's activities. Initially, her parents were reluctant to let her participate. Khushi negotiated with them and after Vikalp's staff visited, they changed their minds and allowed her to join.

In just three months, Khushi transformed into a confident and determined young leader. She even addressed a crowd of 100 people during a meeting about Udaipur Lok Sabha elections, highlighting the challenges faced by her village. Her parents now proudly shared her achievements with the community. Today, Khushi is an active leader, ensuring maximum participation in Vikalp meetings and proving that age is no barrier to making a difference.



Livelihood for Empowerment

THE NEED & OUR APPROACH

The Livelihood for Empowerment Programme was launched to meet the critical needs of women for financial independence, self-esteem, and autonomy. The program focuses on economically empowering women, including young married women and girls (YMWG) and adolescent girls, by providing essential skill-building opportunities. Through the Pankh Economic Empowerment Center, Vikalp has begun training women and girls in stitching and tailoring. The Pankh Centers, located in Udaipur's Mavli and Gogunda blocks, offer a safe and inclusive environment where participants can learn, share their experiences, and receive support. The training runs for four months, with three batches conducted each year, accommodating two sets of participants per batch. In addition to skill training, the program conducts weekly seminars to promote education, raise awareness about important social issues such as gender-based violence and reproductive health, and foster feminist leadership. Pankh goes beyond teaching skills; it empowers participants to become leaders and change-makers within their communities.

2 Pankh centers

are providing hands-on training and opportunities for self-reliance

181 young married women, women, and adolescent girls

have been trained in tailoring, equipping them with skills for financial independence

Bindu's unwavering determination to establish her identity through hard work led her to open a shop to support herself and her family, especially since her husband did not contribute financially. During this time, she learned about Vikalp's Pankh initiative, which offered sewing training for women in her community. Eager to enhance her skills, Bindu joined the Pankh Stitching Center and learned stitching with determination. After completing the training, she started a successful stitching business from home, specializing in blouses and skirts. Her creative designs quickly gained recognition in her village. In just four months, she earned 12,000 rupees, which supported her and her children. Beyond her own success, Bindu actively encourages other women and girls to pursue education and financial independence. She sets a powerful example of perseverance and empowerment for her community.



"When I visited the Pankh to learn sewing, Seeing girls filling out open forms reignited my own dream to study again. Thanks to Vikalp, I seized the chance to enroll in school again. I've filled out the form for the tenth grade.

Attending open classes fills me with immense happiness. I restarted my studies to secure a job and support myself. My journey is a testament to the importance of chasing one's dreams, no matter the obstacles."

Sushila

Comprehensive Sewing and Stitching Training: Pankh trainees are exposed to a wide variety of designs, helping them to refine their skills and become skilled tailors within their communities. The training takes a holistic approach, ensuring that participants not only master technical skills but also develop an eye for detail and quality. This comprehensive training equips them to produce professionally finished garments, allowing them to pursue financial independence through their skill.



Saturday Samvaads: Every Saturday morning, we hold a four-hour seminar called "Saturday Samvaad" to raise awareness among the participants on key social issues like education, gender equality, gender-based violence, discrimination, menstruation, and reproductive health. These sessions empower participants with the knowledge and confidence to become advocates for change in their communities and to stand up for their rights.

Market Linkages for economic empowerment of Trainees:

The Pankh team links trainees with potential customers, securing stitching orders from local shopkeepers and residents. They also offer ongoing support for trainees aiming to open their own shops, teaching skills like profit calculation, raw material sourcing, and problem-solving. This initiative empowers young women and girls to become self-reliant entrepreneurs, contributing to their long-term financial stability.

Exposure Visits

Fateh Nagar (Mavli) Police Station: The exposure visit to Fateh Nagar Police Station was an educational experience for the trainees where the officers provided a comprehensive tour, shared career journey, shared about recognizing cybercrime and understanding regulations for girls and women. The visit helped dismantle fears about police interactions, leaving trainees aware of their rights and empowered to seek help from law enforcement when needed.

Gramin Vikas Evam Chetna Sansthan, Barmer: 15 Pankh participants visited Gramin Vikas Evam Chetna Sansthan in Barmer. They were introduced to appliqué design by Ruma Devi, the organization's president, and gained insights into product manufacturing and sales. Further, the women of Sanchore village showcased fabric designs at their homes. The Pankh trainees engaged in meaningful exchanges, hearing inspiring stories of economic empowerment, leaving them driven and inspired.

Sadhna - A Women's Handicraft Enterprise, Udaipur: 20 Pankh trainees visited Sadhna, where they learned about financial empowerment through entrepreneurship. They observed the diverse products created by Sadhna women and learned about marketing and sales strategies. Interacting with the artisans, the trainees were inspired by their journeys and gained insights into product design, market demand, and enhancing product value with different embroidery techniques. The visit left the trainees motivated and equipped with practical knowledge for their own ventures.



Helpline and Survivor Support

THE NEED & OUR APPROACH

An alarming rise in violence against women and girls has been observed in Rajasthan, with the state ranking second in the total number of crimes registered against women in 2019 (NCRB 2019). Women and girls often lack necessary support, fear disbelief or shame, and find themselves unable to voice their problems. The absence of appropriate care and counselling services further compounds their challenges, as existing resources are either insufficient or inaccessible. Consequently, women who address concerns often face the threat of divorce or eviction from their homes. Addressing this violence and the retaliation women may face for reporting abuse became imperative.

Vikalp Sansthan took proactive measures by establishing a helpline and support centre specifically designed to assist survivors. This centre includes a dedicated helpline number, ensuring that women and girls can seek help from anywhere within the intervention area. There also exists an IVRS option in-built in the helpline that provides callers with comprehensive guidance on medication abortion, including dosage, timing, potential side effects, complications, nearest health facilities for care, and post-abortion contraception support. The counsellor at the centre also provides emotional support, necessary information, and resources to aid survivors, conducting field visits to check on those who have previously received support. The counsellor also actively collaborates with other organisations involved in similar work, as well as with government departments including the police department.

Ultimately, the centre aims to provide social, legal, medical, psychological support while facilitating regular follow-up with survivors.

153 cases reported, with 89 successfully resolved
providing critical support to victims of violence

300+ individuals accessed our IVRS information
in the past two years

Engaged with 71 key stakeholders
sharing helpline information and our toll-free numbers across anganwadis, police stations, and schools to increase awareness and access to support services

Sangeeta Banjara, a young woman from Girdharipura in Mavli block, faced the harsh realities of early marriage at the tender age of 19. Her marriage was marked by the absence of consent, understanding, or awareness. While she had not yet experienced "gauna" (the ceremony associated with the consummation of marriage) and was still staying with her parents. Her husband exhibited controlling behavior that extended even before they started living together. His jealousy, suspicion, and restrictions on her freedom had left Sangeeta feeling trapped and powerless. She had joined Pankh to become independent and break free from the constraints of her early marriage.

One pivotal day, when her parents and relatives collectively attempted to force her to go to her in-laws' home, Sangeeta made a courageous decision. She reached out to the Vikalp Helpline Center and shared her harrowing experiences of torture and emotional pressure. Our team initiated a series of counseling sessions with her father, he agreed to support her decision. With Vikalp's guidance, Sangeeta began learning sewing, resumed her education, and enrolled in the 12th grade, reclaiming control over her life.

Strengthening women and girl support groups:

We established ten support groups each for women and girls, providing safe spaces to discuss and resolve issues collectively. The groups enhanced knowledge on violence against women, child marriage, education, reproductive health, and safe abortion, and shared the Vikalp helpline toll-free number for further information. This platform also empowered participants with knowledge about government schemes and encouraged school enrollment and sports participation.

- **Capacity Building:** Conducted 3 quarterly capacity-building workshops at the block level, including law and policy training.
- **Group Leader Training:** Organized three quarterly meetings and small workshops for group leaders covering legal aid, negotiation skills, reproductive health rights, leadership, and self-defense.
- **Women Support Group Meetings:** Held 19 monthly meetings with women's support groups, with over 150 participants, including 17 new members.
- **Girl Support Group Meetings:** Conducted 19 meetings with the girls' support groups, involving over 100 participants, including 21 new members.



Awareness Sessions in schools: We conducted awareness sessions in 24 government schools, reaching over 1,318 girls and 490 boys, to educate them about violence against women and children, and inform them about safe spaces like the Vikalp helpline and support center. The sessions covered gender-based violence, discrimination, and the POCSO Act, empowering students with the knowledge to recognize and address issues related to gender inequality, violence, and child protection.

District Level Residential Training for Survivor Women:

We conducted our first district-level residential training for survivor women in Udaipur for 30 survivor women, focusing on empowerment, perspective and capacity building. The training provided comprehensive insights into legal rights and protections against various forms of violence, along with steps to take if faced with such issues. It emphasized developing problem-solving skills, accessing resources and helplines, and supporting other women in similar situations. The training also encouraged participants to form social connections, and find relief from their daily routines.





Helpline Booth at Mela: The Vikalp Team set up a helpline booth at a local Mela to educate visitors about violence prevention, child marriage, and the POCSO Act. They informed 300 people, including women, girls, and men, about the helpline's services and distributed brochures. The initiative resulted in four reported cases.

Pankh Trainees Seek Support: Sessions on domestic violence were conducted with Pankh Trainees which allowed 10 trainees to report incidents of abuse. The Vikalp Helpline has been crucial in offering these women support, resources, and assistance, helping them begin their journey toward healing and empowerment.

Champa Bheel, a resident of Sanvad village, endured a decade of marriage to an abusive, alcoholic husband while raising two children. Uneducated and confined to the role of a housewife, she longed for financial independence and a way out of her troubled marriage.

Champa joined the Pankh center, where she initially kept her experiences of domestic violence to herself. However, her absence from classes raised concerns, leading the team to discover her struggles.

They initiated counseling sessions with her husband, which brought about positive changes. By the end of her pankh training, Champa had not only gained sewing skills but also transformed into a confident woman who found her voice and independence.



Bhavari Meghwal, a 22-year-old from Rawaliya Khurd, faced numerous challenges following her divorce and the death of her father, leaving her and family in a difficult financial situation. Bhavari encountered further difficulties when a close friend, Deepak, posted her photo on Facebook without her consent and began harassing her through offensive messages and blackmail.

Distressed, she reached out to Vikalp's helpline for assistance. The Vikalp team intervened, counseling both Bhavari and Deepak, ultimately helping her end the harassment. Currently, Bhavari is learning sewing at Vikalp's sewing center and actively helps other girls and women in her community, even intervening to prevent violence. She feels empowered by her association with Vikalp and believes that her life would have been different had she found them earlier.



Health for Empowerment

THE NEED & OUR APPROACH

Vikalp is dedicated to improving the health and well-being of marginalized communities through our two key initiatives: the Community-Based Management of Malnutrition and the Menstrual Health Awareness program. Both projects aim to empower individuals, particularly women and girls, by addressing critical health issues and fostering sustainable change within their communities.

The Community-Based Management of Malnutrition (CBMM) program in Luni, Jodhpur, focuses on reducing malnutrition among the SC and OBC communities. This initiative tackles challenges such as poor food and water security, limited access to quality healthcare, and inadequate awareness of available health services. By empowering youth, newly married women, and health workers, the program seeks to lower maternal and child mortality rates and improve health-seeking behaviors.

The Menstrual Health Awareness Program addresses the significant challenges adolescent girls face in managing their menstrual hygiene, which impacts their education and overall well-being. A lack of awareness, knowledge, and access to sexual and reproductive health (SRH) among school-going girls contributes to irregular school attendance, higher dropout rates, and increased child marriages. This program enhances access to SRH education, proper sanitation facilities, and life skills for both girls and boys, fostering a supportive environment that promotes gender equality and protects the rights of girls and women.

Together, these initiatives embody a holistic approach to improving health outcomes and promoting gender equality in marginalized communities.

5,447 girls, 1,557 boys, and 545 YMG
are equipped with essential SRHR knowledge and resources

2,700 women and 1750 men
have been actively engaged in the Community-Based Management of Malnutrition program, leading to improved health-seeking behavior

862 pregnant, lactating mothers, and mothers of children under 5 years are receiving targeted support for better health outcomes

Saman Parveen, a resident of Satlana, Luni, Jodhpur has served as an ASHA Sahayogi for the last decade, committed to enhancing the health and nutrition of mothers and children in her community. The families in her colony, mostly from poor, laboring backgrounds, including those from scheduled castes and tribes, often lack awareness of health and nutrition, especially regarding adolescent girls. Many still hold on to outdated beliefs, conservatism, and superstitions, which has long been a concern for Saman.

Reflecting on the efforts of Vikalp, Saman shared, "Vikalp has organized multiple meetings with the adolescent girls and mothers in our colony, providing invaluable training. These sessions have been instrumental in raising awareness about the health and nutrition of mothers and adolescents. As a result, adolescent girls in our colony have gained a deeper understanding of health, hygiene, and menstrual care, which marks significant progress for us. The work done by Vikalp has been invaluable."

SRHR Awareness:

Advancing Menstrual Hygiene and Legal Awareness:

Vikalp conducted a comprehensive awareness on menstrual hygiene at the village, schools, and panchayat level. Sessions focused on breaking taboos and providing accurate information about menstruation, hygiene, bodily changes during adolescence, and related legal rights, including the Child Marriage Law and POCSO Act. Measures were implemented to raise boys' awareness, fostering their understanding of reproductive health and the importance of supporting girls. A total of over 2,464 adolescent girls and 545 YMG were reached at the village level, and sessions were conducted in schools with 2,983 girls, 1779 boys, and 112 teachers.



Residential Meetings on Menstrual Health and Hygiene:

Residential meetings with 246 participants, including adolescent girls, community workers, and mothers, were held focusing on menstrual health, hygiene, and care. The meetings also covered anemia, its causes, symptoms, and treatment, and emphasized the importance of a balanced diet. Through open discussions, menstruation myths were dispelled, and insights into gender equality, types of violence, and gender norms were provided. The meetings also informed the girls about available support systems, including the Vikalp helpline, and how to access them when needed.

Break the Silence Campaign on Menstruation: The Campaign aimed to dispel misconceptions about menstruation and create an open, supportive environment for girls in schools. Sessions were held in 40 schools to educate girls about menstruation as a natural process. This initiative was combined with the 16 Days of Activism campaign to promote gender equality and raise awareness about violence against women.

Addressing SRH issues with YMGs:

Block-level meetings with 150 YMGWs were held to empower collective leaders to educate participants on menstrual hygiene and reproductive health. Additionally, YMG members facing health issues like white discharge and irregular periods were assisted in accessing medical care, leading to the resolution of their health concerns.



Community-Based Management of Malnutrition:

Community Awareness and Engagement: Community awareness and engagement activities included group discussions at Anganwadi Centers with 230 men, women, and adolescents, focusing on child and maternal nutrition, malnutrition prevention, and the effects of early marriage and pregnancy. Home visits in ten villages reached 120 pregnant women, 183 lactating mothers, and 63 mothers of young children, providing counseling on health, nutrition, family planning, and Kangaroo Care. Monthly weight monitoring sessions for children aged 0 to 5 were conducted, assessing 137 children for malnutrition across the villages.



Training on Nutrition Sensitive Approach for Community Workers: A joint training session on a nutrition-sensitive approach was held for 33 block-level AAA workers, including ASHAs, ANMs, CHOs, and SDH staff. The session focused on community-based malnutrition management and improving coordination between ICDS and the Medical Department, leading to a collaborative plan for managing malnutrition at the community level.

Mamta Samiti Meetings: Mamta Samiti meetings are held in ten villages, involving 15 women per village, including pregnant, lactating mothers, and those with young children. The meetings focused on discussing health and nutrition, addressing challenges during pregnancy and early motherhood, and fostering leadership among participants.

MCHN Day and Health Counseling: Sessions were organized in collaboration with ANMs and ASHAs, ensuring the successful delivery of essential health information. These were attended by 373 beneficiaries including pregnant women, lactating mothers and mothers of children aged 7 to 24 months.



Community Health Champions: Health Champions were established in 10 villages, 20 Health Champions and monthly meetings to discuss village health, nutrition, and community-based malnutrition management. These meetings covered the role of Health Champions, available services, and the importance of health leadership. A total of 30 meetings have been held.



WASH Activities in Intervention Areas: WASH (Water, Sanitation, and Hygiene) activities were organized, providing information on the availability and conservation of drinking water, the importance and benefits of cleanliness, essential hygiene practices, protection from seasonal diseases, and proper handwashing techniques. We engaged both the community and schools, reaching a total of 1123 participants.

Tarang: Action Research

Tarang is an action research that addresses significant gaps in reproductive health, family planning, and decision-making within the family structure. Young married women often face early and unwanted pregnancies, limited autonomy, and a lack of access to essential health information and services. Tarang aims to assess the ability of young married women to make informed decisions by conducting sessions on life skills, reproductive health education, and decision-making support, empowering them to take control of their reproductive choices and overall well-being. This empowerment is essential for improving health outcomes, reducing maternal and child mortality rates, and promoting gender equality within households and communities.

As the implementation partner, Vikalp covers a broad spectrum of topics aimed at empowering women and enhancing their ability to make informed decisions. These included addressing traditional social norms, fostering leadership and resilience, and educating participants on sexual and reproductive health, such as the menstrual cycle, contraception, pregnancy, consent, and abortion. Additionally, Tarang focused on life skills, including decision-making, negotiation, and financial management, as well as raising awareness of domestic violence and overall well-being. Through these comprehensive sessions, the program sought to build capacity and empower women to navigate their reproductive health and family life with greater confidence and autonomy.

This year, the pilot of Tarang was successfully implemented in four villages, engaging 41 families. Building on the progress made, the Tarang program aims to expand its reach in the coming year. The research will extend to 280 young married women across 40 villages in the Kumbhargarh block of Rajsamand district and the Saira block of Udaipur district. These 40 villages will be divided equally between intervention and control groups. Over the program's duration, intervention work will be conducted in 80 villages across Rajsamand and Udaipur districts.





Working With Boys and Young Men

Vikalp gives great importance to engaging men and boys in order to work towards gender justice. Vikalp works with adolescent boys and young married men to promote gender equality, dismantle harmful stereotypes, and encourage support for women and girls, making them allies in challenging oppressive norms.

By working with adolescent boys as well as young married men, Vikalp aims to shift attitudes at different stages of life, ensuring that these boys and men can act as allies to the women and girls in their families.

One of the key components of Vikalp's work is its regular village-level meetings. These gatherings are held in support groups and are designed to create a safe and inclusive space where boys can explore issues of masculinity, sexuality, and the negative effects of patriarchal norms. These sessions provide a foundational understanding of gender justice and begin the process of shifting attitudes at a local, community level.

This year in addition to the village and block level meetings, Vikalp also conducted two residential workshops with over 107 boys, focusing on gender equality, responsible behavior, career aspirations, and understanding sexuality. Through discussions, interactive sessions, and role-play scenarios, the participants explored issues like peer pressure, drug use. These workshops also provided a platform for the boys to voice concerns about village level issues, leading to the creation of plans to address these problems and fostering a sense of accountability and community involvement.

Vikalp's comprehensive approach seeks to create a generation of boys and men who are informed, empathetic, and active supporters of gender justice, contributing to a more equitable society.

Working With Young Married Couples

Gender norms, societal expectations, and traditional roles often limit the potential for young married couples to build equitable, fulfilling partnerships. Vikalp works with young married couples to enable them to lead safe, healthy, and violence-free lives, fostering harmonious relationships built on mutual respect and shared dreams. By equipping couples with the tools and knowledge to challenge traditional roles, promote equity, and build stronger relationships, Vikalp aims to create lasting, positive change in both individual lives and the wider community.

Vikalp conducts regular discussions at the village and block levels with young married women and men to further the conversation on gender norms, SRHR, and equitable relationships at their homes and other shared spaces. Couples demonstrating equitable practices and strong communication are also selected to inspire other couples to lead a life of gender equity, violence-free homes, and positive relationship dynamics within their communities.

This year, in addition to the meetings, we conducted a workshop with 8 young married couples, where the couples focused on joint decision-making and future planning, helping couples strengthen their relationships through better understanding and communication.



TEAM CAPACITY BUILDING, CAMPAIGNS & CELEBRATIONS

Annual Capacity Building Workshop

In March, a 5-day capacity-building workshop was held with the entire Vikalp team. It strengthened team members' skills, deepened their understanding of roles and responsibilities, and allowed for reflection on the past year's achievements while planning for the year ahead. The workshop provided a comprehensive overview of each project's objectives, activities, and accomplishments, and included a discussion on the implementation of an accountability framework. The workshop successfully equipped the team with the tools and clarity needed to move forward with greater accountability and focus on achieving their goals.



Promoting a Safe and Inclusive Work Environment

On the occasion of Vikalp Sansthan's 20th anniversary, a session on promoting a safe and inclusive work environment was organised at the Astha Training Center in Udaipur, Rajasthan. The event brought together Vikalp's team members, including many recent additions to the Vikalp team, highlighting the organization's growth. The training focused on familiarizing participants with key policies such as the Child Safeguard Policy, Gender Policy, and the Protection of Women against Sexual Harassment (POSH) Policy. Through group activities, participants actively engaged in discussions, deepening their understanding of the organization's guidelines and procedures.



Vikalp's 20th Anniversary- 20 Years of #JourneyTowardsGenderEquality

On 8th April, Vikalp celebrated its 20th anniversary at Astha Training Center. We celebrated two decades of the organization's growth and progress. Our girl leaders, community members, team members, vendors, partners and other associates participated in the celebration. Our girl leaders were invited to share their experiences of being associated with Vikalp, the support they received throughout the years and their change stories. They also shared their expectations of support from Vikalp in the future. The team sang songs, performed traditional dances, and enjoyed the night. The event also served as an opportunity to reflect on Vikalp Sansthan's journey over the past two decades.

106 Days of Girl Activism- "GIRLS for Change, CHANGE for Girls"

In celebration of the International Day of the Girl on October 11, 2023, we launched the "106 Days of Girl Activism" campaign, which concluded on National Girl Day, January 24, 2024. The social media campaign highlighted the achievements of young female leaders who had initiated positive change in their lives and communities, championing gender equality and inspiring their peers to work towards building a better future.



FORUMS, PLATFORMS AND AWARDS

Vikalp currently holds positions of responsibilities in the following forums

Co-Chair, Girls Not Brides Rajasthan | Secretariat , MenEngage India | Steering committee member of Men Engage Alliance South Asia (MEASA)

In the year 2023-24 Vikalp Sansthan was awarded the ManCan Award, Udaipur

Vikalp participated in the following platforms - **Shadhika's Leaders for Change Summit 2023**, Lucknow, UP; **Shadhika Partners Meet 2023**, Vadodara, Gujarat; **Women Deliver Conference**, Kigali, Rwanda; **Accountability Strategy Workshop**, Istanbul, Turkey, organized by Global MenEngage; Manthan: **Grappling with the age question in patriarchal violence**, Sidhbari, Himachal Pradesh organized by Jagori Rural Charitable Trust and American Jewish World Service(AJWS); **MEASA (Men Engage Alliance south Asia) Accountability Workshop**, Colombo; **MEASA Steering Committee Meeting**, Colombo, Sri Lanka; **Transforming MENTalities Workshop**, New Delhi, organised by UNESCO and ICRW; **Symposium on Caste and Religious Panchayats**, Bhuj, Gujarat, organized by AJWS, Anandi and KMVS.

PARTNER VISITS 2023-24

This year, Vikalp welcomed several visits from our partners, eager to meet the exceptional young leaders—girls, boys, and women—within our communities who are striving to build safe and healthy lives. During their visits, our partners had the opportunity to explore the fieldwork firsthand and engage in interactive sessions with both youth and community members. They listened to the remarkable stories of resilience and determination that define our work. Notable visits included those from those of **EMpower**, **AJWS**, **IBIS**, **ISRG**, **University of Southern California's Tarang Action Research**, **Child Rights and You**, and an **American India Foundation**. In addition, this year Vikalp also welcomed the **EMpower Board**, the **AJWS Board**, **Go Phil's Annual Donor** and **Shadhika's President** for visits.



PARTNERS OF VIKALP



INTERNSHIPS AND FELLOWSHIPS

This year, Vikalp welcomed a group of dedicated interns and fellows who made valuable contributions to our work while gaining hands-on experience and learning. Their efforts spanned various projects, from educational initiatives to community engagement, significantly supporting our mission.

Mohammad Fayiz and Misab Shareef, Master's students from Sardar Patel University of Police, Security, and Criminal Justice, completed their internship from December 22, 2023, to January 19, 2024. They developed educational modules for adolescent boys and young men, addressing violence against children and career awareness, while also contributing to the organization's social media efforts to improve outreach.

Sharmila Saha and Arif Zaman Mazumder, Master's students from the Central University of Rajasthan, completed their internship from December 22, 2023, to January 3, 2024. They worked with young married women to improve decision-making and negotiation skills and collaborated with students from Sardar Patel University to create a short film showcasing the women's empowerment journey.

Divyanshi Panchaal, student at the National Institute of Fashion Technology, Jodhpur, completed a four-month internship from January to April 2024. During her time at the Pankh Center, she identified opportunities for women in Mavli to utilize their stitching and tailoring skills. Additionally, Divyanshi coordinated visits to women-led enterprises to provide inspiration and practical insights into running their own businesses.

Emily Jiaqi Chen, from Princeton University, New Jersey, completed her internship from September 2023 to April 2024. During this time, she conducted research on the role of feminist organizations in engaging men and boys, examining the nature of their work and its future potential. Additionally, she developed an assessment tool to evaluate the impact of the women's efforts in the Pankh Program.

Jahnavi Zondervan, a fellow with the American India Foundation (AIF), USA, completed her fellowship from September 1, 2023, to June 30, 2024. She spearheaded a wall-painting project in Maveli and Gogunda, where she worked with schoolgirls and village girls to ideate, design and paint public murals promoting gender equality, women's empowerment, and a violence-free society. Additionally, Jahnavi mentored scholarship students, leading weekly English sessions and monthly workshops focused on enhancing their leadership and communication skills.



Financial Report 2023-24

Summary Balance Sheet as at 31st March 2024

Particulars	As AT 31.03.2024
SOURCES OF FUNDS	
Fund Account	65,49,073.14
Total	65,49,073.14
APPLICATION OF FUNDS	
Fixed Assets	33,71,186.00
	33,71,186.00
Current Assets Loans & Advances	
1 Cash & Bank Balances	1,44,75,645.56
2 Other Current Assets	2,60,852.00
3 Overspent Amount Receivable on Projects	5,76,580.62
	1,53,13,078.18
Less: Current Liabilities & Provisions	
1 Other Liabilities & Provisions	1,11,972.00
2 Unspent Balances of Funding Agencies	1,20,23,219.04
	1,21,35,191.04
Total (A+B-C)	65,49,073.14

Summary Income & Expenditure Account for the year ended on 31st March 2024

Particulars	This Year
INCOME DURING THE YEAR	
Grant In Aid Received During the Year	1,82,63,310.19
Interest Earned	5,26,033.00
Sale of Land (IF)	6,69,050.00
Profit on Sale of Assets	30,950.00
Membership	4,500.00
Donation Indian	14,000.00
Donation Foreign	24,541.02
Total	1,95,32,384.21
EXPENDITURE DURING THE YEAR	
Programme Expenses	1,30,41,456.47
Administrative Expenses	23,30,660.39
Total	1,53,72,116.86
Excess of Income over Expenditure (A-B)	41,60,267.35
Less: Purchase of Fixed Assets (Net)	6,13,107.00
Add:- Set Apart fund of the Previous Year	84,31,347.66
	1,19,78,508.01
Less: Set Apart as Unspent This Year	1,14,46,638.42
	5,31,869.59
Less: Amount Transferred to Members Fund	4,500.00
Net Allocable Surplus/ Deficit	5,27,369.59

Summarised from Accounts audited by **S.D. Baya & Co. Chartered Accountant** for even period





GIRLS
for Change
CHANGE
for Girls



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